



Bed

Choreographers: Paul Steinborn, Lisa Altenkirch & Emma Ruhnau

~Official GOLD competition dance 2023 - 2024~

Type of dance: 32 Count, 4 Walls, Funky Line Dance
 Level: Free Style – Starter
 Music: "Bed" by David Guetta ft. Joel Correy & Raye
 Intro: 8 counts from first sound in music (app. 4 seconds into track)

Counts	Footwork	End facing
1 – 8	Step R Modified Vaudeville R With Chest Pop, Close, Cross, ½ Unwind Turn L, Kick Switches	
1 – 2&	Step R to R side (1), Cross L behind R (2), Step R to R side (&)	12:00
3&4&5 – 6	Touch L Heel in L diagonal (3), Chest pop forward (&) Recover chest (4), Step on ball of L next to R (&), Cross R over L (5), Unwind ½ L weight ends on L (6)	6:00
7&8&	Kick R forward (7), Step R next to L (&), Kick L forward (8), Step L next to R (&)	6:00
9 – 16	Walk R L, ¾ Pivot Turn L, Jazz Box	
1 – 2	Step R forward (1) Step L forward (2)	6:00
3 – 4	Turn ½ L stepping R back (3), Turn ¼ L stepping L to L side (4)	9:00
5 – 8	Cross R over L (5), Step L back (6), Step R to R side (7), Step L forward (8)	9:00
17 – 24	Step Side With Hip Roll 2x, Swivel Steps back 2x, Coaster Step	
1 – 4	Step R to R side & start hip rol from L/back/R (1), Finish hip rol on R (2), Step L to L side & start hip rol from R/back/L (3), Finish hip rol on L (4)	9:00
5 – 6	Step R back and swivel L toes out (5), Step L back and swivel R toes out (6)	9:00
7&8	Step R back (7), Step L next to R (&), Step R forward (8)	9:00
25 – 32	Close, ¼ Turn R, Cross, ¼ Turn L, Step Fwd, ½ Pivot Turn L, Kick Ball Change, Jump 2x	
&1 – 2	Step L next to R (&), Turn ¼ R crossing R over L (1), Turn ¼ L stepping L forward (2)	9:00
3 – 4	Step R forward (3), Turn ½ L stepping L forward (4)	3:00
5&6	Kick R forward (5), Step R nex to L (&), Step L in place (6)	3:00
7 – 8	Jump both feet out (7), Jump both feet in (8)	3:00